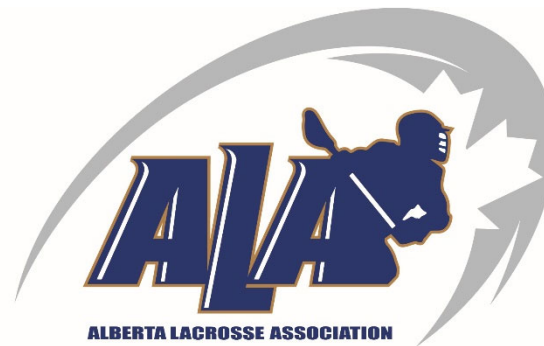
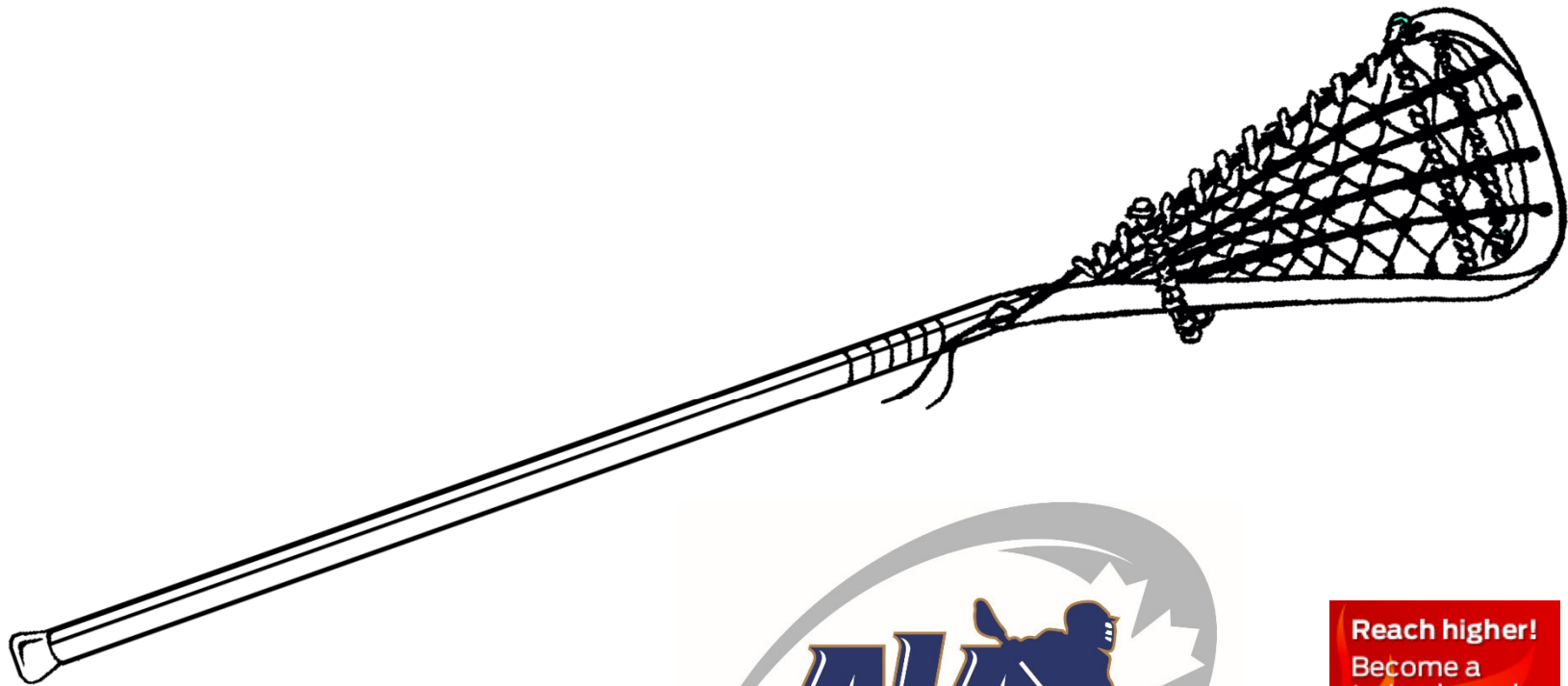


# Maintenance of Certification & Professional Development Points



# What is my status as a coach?

To determine your coaching status, create a profile on the Canadian Association of Coaches (CAC) web page know as “The Locker”

<https://thelocker.coach.ca/account/login?ReturnUrl=%2f>

This is your “official” coaching transcript for coach levels and tracking Professional Development points.

# Who does “Maintenance of Certification” apply to?

- All Competitive Introduction **CERTIFIED** coaches must maintain their certification status.
- Coaches cannot compile Professional Development points before they are **CERTIFIED**

# **Why do I need to Maintain my Certification?**

Maintenance of certification, is viewed as essential to athlete performance and the integrity of the NCCP.

# **When do the requirements for Maintenance of Certification start?**

- Once you attain CERTIFIED status
- Officially started for all sports on January 1, 2014.

# **How do I know how many Professional Development points I need to maintain my certification?**

- 5 YRS 20 PTS (Competitive Introduction)
- 5 YRS 30 PTS(Competitive Development)

# How can I accumulate PD points?

There are many ways to accumulate points.

Events that are organized by the Canadian Association of Coaches, your National Sport Organization or Provincial Sport Organization, or Provincial Coaching Representative will advertise the number of PD points associated with the event.

# Point System:

NCCP training or evaluation events are worth 5 points;

Non-NCCP events are worth 1 point for each hour they last, up to a maximum of 3 points;

“Active coaching” will give you 1 point per year;

Through “Self-directed learning” you can earn a maximum of 3 points per five-year PD cycle.

❖ Please note that you cannot carry forward any points into the next cycle



# What if I am certified in two sports?

- If you are certified in two sports, accumulated points will apply to both sports. The number of points required to maintain certification will be determined by whichever sport requires the highest number of PD points.
- If you are coaching, two teams in one season, for a single sport, the coach will not receive duplicate points for each team

# **What happens to my NCCP Certification if I do not complete the required PD in the time allowed?**

Your transcript would show that your “Certified” status has not been renewed. Your sport determines what a coach must do to reinstate their “Certified” status.

# Sport-specific Training

- Clinics ran by the Alberta Lacrosse Association that qualify for PD points
- Clinics must be preapproved by ALA and entered into CAC prior to the event
- Example – NLL Coach Mentorship Clinics

Contact [coach@albertalacrosse.com](mailto:coach@albertalacrosse.com) for further information

# Events and Workshops

- Annual Conferences like the Petro-Canada Sport Leadership;
- Guest Speakers or Coaching Presentations delivered live or by webinar like Podium Series Coaching Presentations;
- Skill Development Workshops or Modules;
- Mentorship Programs;
- Coaching Symposiums like the OSSA Coaching Symposium;
- Training Camps;
- Technical Safety Courses;
- Apprenticeship Programs;

Contact [coach@albertalacrosse.com](mailto:coach@albertalacrosse.com) for further information

# Multi-sport Training

- Aboriginal Coach Modules
- Empower+
- Fundamental Movement Skills
- Making Ethical Decisions
- Planning a Practice
- Nutrition
- Resistance Training
- Teaching and Learning
- Design a Basic Sport Program
- Basic Mental Skills
- Coaches Leading Effectively
- Managing Conflict
- Leading a Drug Free Sport
- Develop Athletic Abilities
- Prevention and Recovery
- Psychology of Performance

# Active Coaching Declaration

- Have you coached this year?
- Log into your profile in The Locker to complete the Active Coaching Declaration and earn one PD point. Click on “self-report” under “certification”.

<https://thelocker.coach.ca/account/login?ReturnUrl=%2f>