

# 2019 COACHING PROGRAM



# Coaching Lacrosse

Lacrosse (Box, Men's Field, Women's Field) coaching is run under National Coaching Certification Program (NCCCP). The NCCCP is there to help individuals to be the best coach that they can be. When a person takes an NCCCP clinic, they gain lacrosse technical abilities as well as leadership and decision-making skills. NCCCP training will open doors to new opportunities in coaching and in life.

## CLA BOX Minimum Standards

Category	Club Minimum Standard	Provincial Teams Minimum Standard	National Teams Minimum Standard
Mini-Tyke	Community Initiation Trained	N/A	N/A
Tyke	Community Initiation Trained	N/A	N/A
Rec/House League	Community Development Trained	N/A	N/A
Novice	Community Development Trained	N/A	N/A
Pee Wee	Community Development Trained	Competitive Introduction Certified	N/A
Bantam	Competitive Introduction Trained	Competitive Introduction Certified	N/A
Midget	Competitive Introduction Trained	Competitive Introduction Certified	N/A
Intermediate	Competitive Introduction Trained	Competitive Introduction Certified	N/A
Junior	Competitive Introduction Trained	Competitive Introduction Certified	N/A
Senior	Competitive Introduction Trained	Competitive Introduction Certified	N/A
National Teams	N/A	N/A	Competitive Development Certified



## CLA BOX MINIMUM STANDARDS NOTES

### NOTES

Head Coaches and Assistant Coaches will be held to the same standard at ALL levels.

All first year coaches may be in training for community development, but any coach at bantam and above must achieve their competitive-introduction training in the second year of coaching.

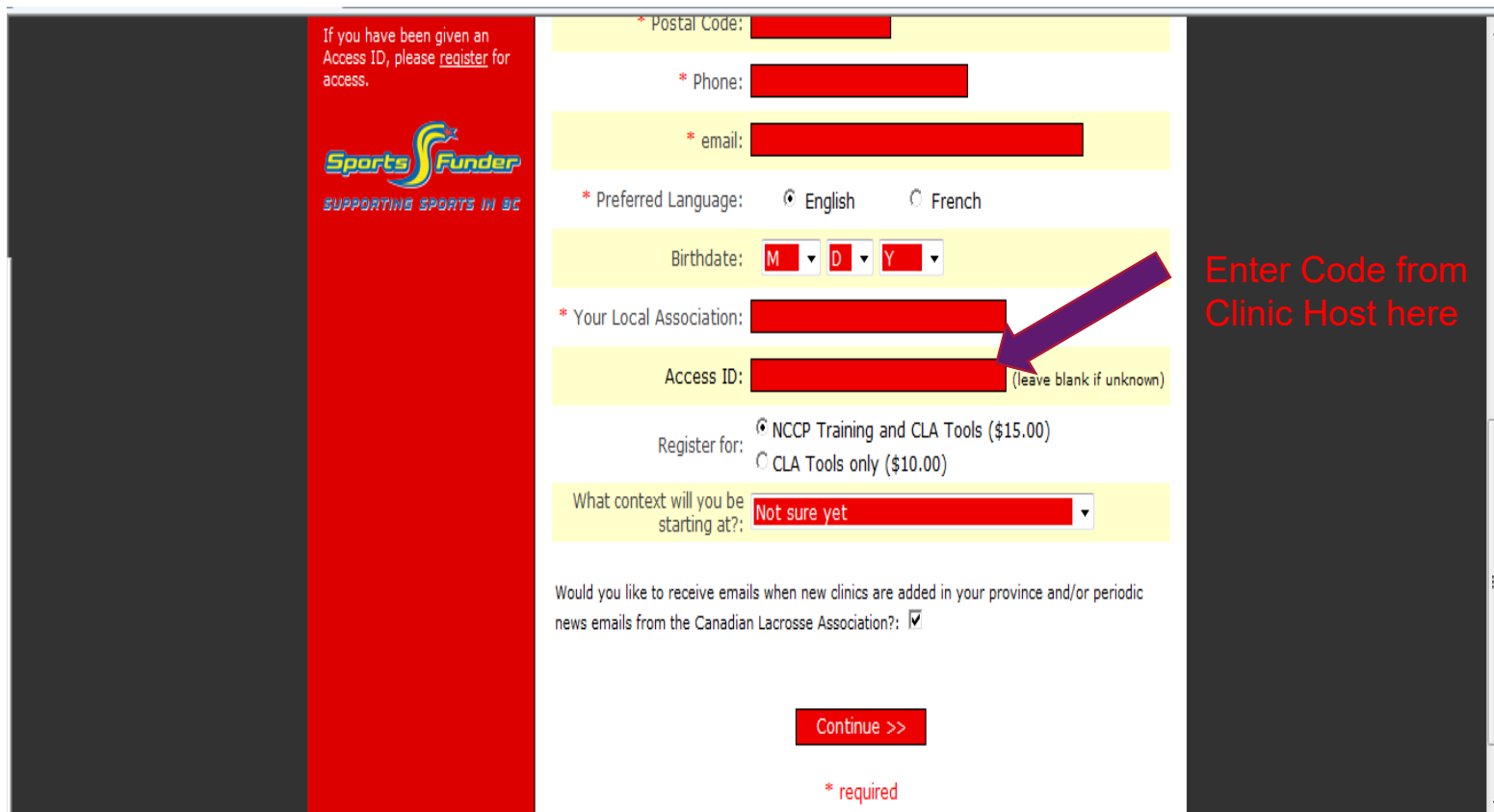
A first year coach may be 'In-Training' – completed the Comp Intro clinic

A second year coach may be 'Trained' – workbook successfully completed/Making Headway course

A third year coach must be 'Certified' if attending Nationals – evaluated/Making Ethical Decisions course

# Creating An On Line Profile

- Creating your CLA PROFILE
- Go to: <http://nccp.lacrosse.ca/>
- Fill in your personal information
- Enter your access ID (which was provided by host of clinic)
- CLICK ON NCCP training and CLA tools (\$15.00 option)
- Select level starting coach training at



The screenshot shows a registration form for NCCP training. On the left, a red sidebar contains the 'Sports Funder' logo and the text 'SUPPORTING SPORTS IN BC'. The main form area has a white background with yellow highlights for required fields. A purple arrow points to the 'Access ID' field, which is annotated with the text 'Enter Code from Clinic Host here'. The form includes fields for Postal Code, Phone, email, Preferred Language (English/French), Birthdate (M/D/Y), Your Local Association, Access ID, Register for (NCCP Training and CLA Tools / CLA Tools only), and What context will you be starting at?. A 'Continue >>' button is at the bottom, and a '\* required' note is at the bottom center.

If you have been given an Access ID, please [register](#) for access.

**Sports Funder**  
SUPPORTING SPORTS IN BC

\* Postal Code: [REDACTED]

\* Phone: [REDACTED]

\* email: [REDACTED]

\* Preferred Language:  English  French

Birthdate: M [REDACTED] D [REDACTED] Y [REDACTED]

\* Your Local Association: [REDACTED]

Access ID: [REDACTED] (leave blank if unknown)

Register for:  NCCP Training and CLA Tools (\$15.00)  
 CLA Tools only (\$10.00)

What context will you be starting at?: [REDACTED]

Would you like to receive emails when new clinics are added in your province and/or periodic news emails from the Canadian Lacrosse Association?:

Continue >>

\* required

Enter Code from Clinic Host here

# Coaching Terms

**Trained (at Community Initiation and Development)** – Attend the applicable clinic

**In training (only at Competitive Introduction)**– completed the pre-assessment, register for a clinic on line, and attended a clinic;

**Trained (at Competitive Introduction)**- completed the pre-assessment, register for a clinic on line, attended a clinic, and completed the Evaluation workbook successfully; Making Head Way completed online through CAC;

**Certified (only at Competitive Introduction)**- completed the pre-assessment, register for a clinic on line, attended a clinic, completed the Evaluation booklet successfully, completed Making Head Way on line through CAC; completed MED (Ethics) through CAC, and has completed an in person evaluation; accumulate 20 professional development points over 5 years to maintain certification;

**COACHES CAN ONLY TAKE ONE (1) CLINIC PER YEAR**





## Community-Development Pathway

Coaching creates a profile on line at <https://nccp.lacrosse.ca/>



Coaching Clinic Host assigns passcode to coach to access preassessment



Pre-clinic assessment online



Register for clinic online



Attend clinic in-person



Coach receives **'Trained'** status

# Competition-Introduction Pathway

Coach logs into profile



Completes clinic assessment online



Register for clinic online



Attend clinic in-person



Coach receives **'In Training'** status



Complete evaluation workbook online



Evaluation workbook processed by CLA online



Complete Making Head Way on line



Successful completion = **'Trained' status**



In person practice evaluation



MED Evaluation via CAC



Successful completion = **'Certified' status**



Unsuccessful completion = Notice sent to coach to complete missing sections of workbook online



Once workbook is complete coach can move through additional evaluation steps noted on left





## In Person Evaluation Process

Log into your profile here - <http://nccp.lacrosse.ca/>

Under your Competitive Introduction Status - Request an in person evaluation

The ALA Office will book an Evaluator for the coach requesting the evaluation.

You will receive an email with your evaluator cc'd on the email to book a convenient time for both coach and evaluator

The home club is billed \$50 per evaluation.

Contact at [coach@albertalacrosse.com](mailto:coach@albertalacrosse.com)



Modules  
E Learning  
Making Ethical Decisions, Making Head Way & Other

<https://thelocker.coach.ca/account/login?ReturnUrl=%2f>

**eLearning**

Log into your profile with CAC# and password and then click on e-learning. If you do not have your CAC#, or do not remember it or your password, please contact the ALA at [coach@albertalacrosse.com](mailto:coach@albertalacrosse.com)

**Make Ethical Decisions Online Evaluation** - You must choose - Make Ethical Decisions Online Evaluation: Competition - Introduction.



## Benefits of the On Line Coaching System

For coaches who already have their required training and certification, for a fee of \$18 the coach can have online access to:

- The CLA Drill Manual for better player performance
- Sample practice plans and practice planning forms to assist in coaching
- Sample seasonal plans and seasonal planning forms to assist in coaching
- Tip of the Week
- Ask the Coach
- Coaching Tools Video for Community Development and Comp-Intro
- Additional tools as they become available

## CLA Men's FIELD Minimum Standards

Category	Club Minimum Standard	Provincial Teams Minimum Standard	National Teams Minimum Standard
<b>Rec/House League</b>	Community Development Trained	N/A	N/A
<b>Mini-Tyke</b>	Community Initiation Trained	N/A	N/A
<b>Tyke</b>	Community Initiation Trained	N/A	N/A
<b>Novice</b>	Community Development Trained	N/A	N/A
<b>Pee Wee</b>	Community Development Trained	N/A	N/A
<b>Bantam</b>	Competitive Introduction Trained	N/A	N/A
<b>Midget</b>	Competitive Introduction Trained	Competitive Introduction Certified	N/A
<b>U-19</b>	Competitive Introduction Trained	Competitive Introduction Certified	N/A
<b>Senior</b>	Competitive Introduction Trained	Competitive Introduction Certified	N/A
<b>National Teams</b>	N/A	N/A	Competitive Introduction Certified
<b>Category</b>	Community Initiation	Community Development	Competitive Introduction/Development
<b>Learning Facilitators</b>	Community Development Trained	Competitive Introduction Certified	Competitive Development Certified

# CLA Men's FIELD MINIMUM STANDARDS NOTES

## NOTES

**Head Coaches and Assistant Coaches will be held to the same standard at ALL levels**

**Level 1 Certified is equivalent to Community Development Trained**

**Level 2 Certified is equivalent to Competitive Introduction Certified**

**All first year coaches may be in training for community development, but any coach at midget and above must achieve their competitive-introduction training in the second year of coaching.**

**A first year coach may be 'In-Training'**

**A second year coach may be 'Trained'**

**A third year coach must be 'Certified' (if required above)**

## CLA Women's FIELD MINIMUM STANDARDS

Category	Club Minimum Standard		Provincial Teams Minimum Standard		National Teams Minimum Standard	
	Head Coach	Assistant Coach	Head Coach	Assistant Coach	Head Coach	Assistant Coach
<b>Rec/House League</b>	Comm-Dev Trained	Comm-Dev Trained	N/A	N/A	N/A	N/A
<b>5 and under</b>	Comm-Dev Trained	Comm-Dev Trained	N/A	N/A	N/A	N/A
<b>8 and under</b>	Comm-Dev Trained	Comm-Dev Trained	N/A	N/A	N/A	N/A
<b>11 and under</b>	Comm-Dev Trained	Comm-Dev Trained	N/A	N/A	N/A	N/A
<b>15 and under</b>	Comm-Dev Trained	Comm-Dev Trained	N/A	N/A	N/A	N/A
<b>17 and under</b>	Comm-Dev Trained	Comm-Dev Trained	Comp-Intro Certified	Comp-Intro Certified	N/A	N/A
<b>19 and under</b>	Comp-Intro Trained	Comm-Dev Trained	Comp-Intro Certified	Comp-Intro Certified	Comp-Intro Certified	Comp-Intro Certified
<b>Senior</b>	Comp-Intro Trained	Comm-Dev Trained	Comp-Intro Certified	Comp-Intro Certified	Comp-Intro Certified	Comp-Intro Certified
<b>Category</b>	Community Initiation		Community Development		Comp-Intro/Comp-Dev	
<b>Learning Facilitators</b>	Comm-Dev Trained	Comm-Dev Trained	Comp-Intro Certified	Comp-Intro Certified	Comp-Dev Certified	Comp-Dev Certified

**\* Any fifth year coach must be Comp-Intro In-Training; any sixth year coach must be Comp-Intro Trained.**





## CLA Women's FIELD MINIMUM STANDARDS NOTES

### NOTES

**Comm-Dev = Community Development**

**Comp-Intro = Competition Introduction**

**Level 1 Certified is equivalent to Community Development Trained**

**Level 2 Certified is equivalent to Competitive Introduction Certified**

**A first year coach may be 'In-Training'**

**A second year coach may be 'Trained'**

**A third year coach must be 'Certified' (if required above)**



# MAINTAINING CERTIFIED STATUS

- Coaches must accumulate 20 professional development points over 5 years to maintain certified status.
- This can be done by reporting active coaching, taking part in e-learning , attending ALA sanctioned events that qualify for professional development points



# ALBERTA LACROSSE TV

- Access Alberta Lacrosse TV for coaching resources and videos
- <https://www.albertalacrossetv.com/en/>